

Pre-Trip Checklist: Bolling Cave and Pannell Cave (Guests)

Cave Information: Meet at the Stock Creek Recreational Area, park in the visitor's lot, and walk to the red barn

- Guests must arrive 30 minutes before the program starts. This allows guests to get their gear properly fitted and does not take away time from the main program.
- Both caves are wild, meaning there will be uneven, wet, and muddy terrain. There are no handrails or overhead lights. Guests will be required to crawl around in both caves, but the degree of which is dependent on the cave.
- This tour is weather-dependent, meaning if there is any amount of rain, the tour may be cancelled. This is due to hypothermia concerns whilst inside of the cave.
- Please inform guide of any medical needs or conditions upon arrival at the Recreational Area. Please have all necessary medications with you (inhalers, EpiPen's, etc.).
- Minors under the age of 18 **MUST** be accompanied by a parent or legal guardian.
- Signed waivers will be required before entry into the caves. All minors must have a signed waiver by a parent or legal guardian prior to entry.

The guest must bring: (These items are mandatory for the guest and cave's health and safety).

Appropriate clothing for weather that is 52-54°F. **Sturdy, close-toed shoes are REQUIRED. Pants are STRONGLY RECOMMENDED.** Guests should consider bringing a long-sleeved shirt, hoodie, or jacket they are comfortable with getting dirty. As we do not provide elbow covers, this protects both the guests from the cold and the sharp rocks, and the cave from biocontainments.

The park will provide:

Gloves
Knee pads
Helmet
Head Lamp

Bolling Cave: ~2.5 hours: There is a 0.5 m hike (1.0 mile round, not including the cave), hike up to the cave. The hike can be strenuous. Switchbacks and short breaks are provided, but guests must be comfortable with hiking mountainous terrain. The rooms overall are as big as the main office for comparison, but there IS crawling to where you get down to your knees (3 ft. high space. No belly crawling required, but depending on a guest's height/ capabilities, it may be necessary to fit through). The hardest part of this trip is getting to the cave. Guests are strongly encouraged to bring water for the hike up. Max is 12 guests: NO EXCEPTIONS due to guide-to-guests ratio, guests' safety, and for the cave's health.

Pannell Cave: ~1 hour 45 minutes: Guests are transported to the cave by van. Though there is no intense hiking involved, guests will be required to cross a hill (both down and up) with very loose rocks. There is a mandatory belly-crawl in the beginning of the tour that allows guests to move onto the next part of the cave. As it is in the beginning, there is no skipping it. It is NOT a tubular crawl (low ceiling ~3 ft., open on the sides). There is another section where guests will be required to walk on a narrow-ledged path with a hand rope for guide. Max is 12 guests: NO EXCEPTIONS due to transportation, guide-to-guests ratio, guests' safety, and for the cave's health.

Payment is due when the reservation is made. Due to strict time schedule, we cannot handle money and receipts down at Stock Creek Recreational Area for these trips.

****Age min. is 10 years old ****

Tour will start strictly on the time slot. It is important that guests arrive early and that no guests are registered at a minimum of 1 hour before the trip due to time constraints and program scheduling.